

Larchmont-Mamaroneck 2018 CTC Teen Survey Findings



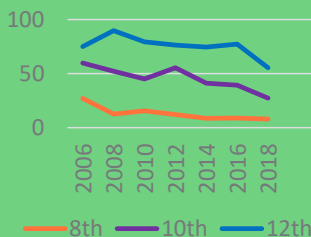
Sample

A total of **1331** 6th-12th grade students in Hommocks Middle School and Mamaroneck High School completed CTC Surveys in fall 2018.

For more detailed findings of the survey results, please contact RADAR at jntmcb@aol.com or (914) 834-6041

What L-M Youth have told us 2006-2018...

Alcohol Use Declining over Time



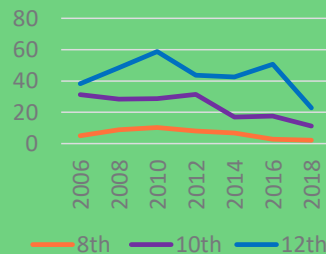
- 2018 recorded lowest levels of alcohol use across all grades since surveying began
- 8th grade use levels below national, state & county
- **BUT**...12th grade use rate of 55.4% remains above national, state & county

Binge Drinking

- MHS student binge drinking rates have declined by 61% 2006-2018
- **BUT**...17.7% of surveyed MHS students (i.e., 122/691) reported binge drinking at least once in 2018 survey



Marijuana Use Declining over Time



- 2018 survey recorded lowest levels of marijuana use across all grades since surveying began
- 8th & 10th grade use rates below national, state & county
- **BUT**...12th grade rate of 32.4% remains above national, state & county

e-Cigarettes/Vaping

- Nearly 10% of HMX students and 46% MHS report ever having used e-cigs/vaping
- 4.1% of HMX and 8.1% of MHS students report regular use e-cig use



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What L-M Youth Have Told Us 2006-2018...



Risk Factors: conditions that increase the likelihood of a young person becoming involved in substance use



Protective Factors: conditions that “buffer” kids from risk exposure either by reducing the impact or changing the way they respond to risks.

Risk Factors Declining over Time

- Risk factors steadily declining 2006-2018 with lowest levels noted in 2018 survey data
- Most notable decreases have been in **Poor Family Supervision** and **Friends' Use**

Protective Factors Increasing over Time

- Virtually all protective factors continuing to increase with highest levels to date noted in 2018 survey data
- Most notable increases: **Family Attachment; Opportunities & Rewards for Prosocial Involvement; and Belief in the Moral Order**

High Levels of Perceived Disapproval

- **Alcohol:** 97.3% reported Parental Disapproval; 87.2% reported Friends' Disapproval
- **Marijuana:** 95.8% reported Parental Disapproval; 75.6% reported Friends' Disapproval

Increasing Levels of Perceived Risk of Harm

- In 2018...
- 85.4% HMX and 85.2% of MHS students perceived moderate to great risk of harm associated with regular alcohol use
 - 84.8% of HMX and 62% of MHS perceived moderate to great risk of harm associated with marijuana use

Youth Perceptions of Peer Use Inconsistent with Reporting

- 64.1% of MHS students reported no alcohol use, but only 7.7% indicated they believed that most students had not drunk alcohol in the prior 30 days
- 82.3% of MHS students reported no marijuana use yet only 18.9% indicated they believed most students had not used marijuana

RADAR Prevention Strategies

- Sponsor Positive Norms Campaign (“Most of Us”)
- Support implementation of research-based health curriculum in the district schools
- Maintain website with current/timely information and resources
- Co-sponsor biennial CTC Youth Survey

Larchmont - Mamaroneck

